



ELEMENTARY BASKETBALL PROGRAM

1st-6th Grade Boys and Girls

This program will focus on learning the basic fundamentals of basketball through skills and games. Coaches will work on dribbling, passing, shooting and rebounding; and the basics of defense to be utilized in a game setting. Practices will take place on Wednesday nights and games will take place on Saturday. We will start the program with two practices on January 2nd and January 9th, then games will start on January 12th. Practices will continue every Wednesday, and the last Saturday for games will be February 9th. Practices on Wednesdays will be girls from 5:00-6:15 and boys from 6:30-7:45. Depending on the number of participants, will help us determine how we will divide up for games.

Games:

- Games are approximately 45 minutes and will range between 8:30 a.m. and noon. We will have a schedule ready to hand out by the January 9th practice.
- 1st/2nd Grade will play at a lowered hoop, 3rd-6th will play on a 10 ft hoop
- Depending on number of girls and boys signed up, there may be co-ed teams.
- Each team will play at least 5 games. Program will end February 9th.

FEES:

\$20 MEMBERS

\$25 NON-MEMBER

\$50 MEMBERS MAX PER FAMILY

\$60 NON-MEMBERS MAX PER FAMILY

Please make checks payable to the Prophetstown Park District and submit fee with this completed registration form (one per child) to the Prophetstown Park District or school office.

FORMS DUE- January 2nd, 2019

Cut along dotted line, and keep the above information as a reminder.

NAME _____ M or F _____

GRADE _____ PES or TES PHONE NUMBER _____

PARENT/GUARDIAN NAME _____

MEDICAL PROBLEMS _____

T-SHIRT SIZE (Y=Youth, A=Adult): YS YM YL AS AM AL _____

Please check box if you are interested in being a coach/assist:

Email:

IMPORTANT INFORMATION

The Prophetstown Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Prophetstown Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for the above listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Prophetstown Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS

Please read this form carefully and be aware that in signing up and participating in the above identified programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damage or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of all injuries, damages or loss, regardless of severity, which I or my minor child/ward may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs/activities against the Prophetstown Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Prophetstown Park District").

I do hereby fully release and forever discharge the Prophetstown Park District from any and all claims from injuries, damage or loss which I or my minor child/ward may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of claims.

Signature (Parent or Guardian)

Date